



A U T I S M  
tree project  
FOUNDATION



Reese Merrill

Addie's Studio  
8th Annual  
**REMODEL YOUR BODY™ &**  
1st Annual **MOVE YOUR BODY**  
for kids

Benefiting Autism Tree Project Foundation

In 2007 Addie's first child Reese was diagnosed with Autism. Addie owns Addie's Personal Training Studio that hosts the "Remodel Your Body" Challenge. The last two years Addie's raised over \$14,000. This year our goal is \$20,000.

°**The Challenge:** Lose the greatest relative amount of body fat and gain the most relative amount of muscle in 8 weeks

°**Start Date:** April 3rd

Body fat measurements 9-11am at Addie's Personal Training Studio

°**Boot Camps:** Start April 10th– May 27th on Saturday's from 9-9:50am at Kate Sessions Park

°**End Date:** May 29th

Body fat measurements 9-11am at Addie's Personal Training Studio

°**Awards Ceremony:** June 5th 12-3pm at Kate Sessions Park

The winner will receive a voucher for 12-25 minute personal training sessions at Addie's Studio valued at \$720

°**Entry Fee:** \$100 per adult (REMODEL YOUR BODY)/ \$50 per kid 5yrs.-12 yrs. old (MOVE YOUR BODY)- includes 7 boot camp workouts. Everyone is eligible, encourage family, co-workers and friends

For more info: 858.483.2711



Addie's  
Personal Training  
STUDIO